



Sacred Heart School, Moga

AFFILIATED TO THE COUNCIL FOR INDIAN SCHOOL CERTIFICATE EXAMINATIONS, NEW DELHI
(AN ISO 21001:2018 CERTIFIED EDUCATIONAL INSTITUTION)

Elixir

The flow of magical writings...

MAY

2025



 www.shsmoga.com



*My child, follow your father's
instruction, and never forsake your mother's
teaching. They are ornaments like a graceful
flower garland on your head and a pendant
around your neck.*

The page is decorated with black and white line drawings of lily flowers in the four corners. The background has a soft, light pink to white gradient.

LORD'S PRAYER

Our Father in Heaven | Holy be your name |

Your Kingdom come | Your will be done |

On Earth As in Heaven ||

Give us today | Our daily bread, |

Forgive us our sins | As we forgive |

Those who sin against us. ||

Do not bring us to the test

But deliver us from evil. ||

For Thine is the Kingdom |

The Power and the Glory |

Forever and Ever || AMEN ||

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EDITOR'S DESK

Even after clearing the NEET examination, couldn't get a government seat as per the dream. Later, joined for UPSC coaching, but had left it abruptly. Finally decided to join for Robotics and Automation Engineering at Sahyadri College of Engineering and Management, Karnataka. By slowly coming on the track, made a robotics based arecanut harvester and sprayer which brought in gold and silver medals. Next collaboration was with doctors to study robotic surgery as well as contributed much to solid waste management.

The burning desire to intern with an international firm, reached out to Rolls-Royce. Anyway, the selection process was not easy. The company demotivated the aspirant by informing the impracticability in completing the assigned tasks on time. But the determined candidate asked for a chance and received an assignment with one month deadline. Surprisingly, the person finished the task in a week. The company was impressed by the response and rendered more assignments. Finally, in January 2025, the person, after completing the seventh semester, relocated to Texas, USA to join Rolls-Royce with an annual package of Rs 39.6 lakhs. As a token of appreciation for the perseverance and forbearance, in April 2025, the person received a hike of the annual package to Rs. 72.3 lakh.

The above mentioned anecdote is the inspirational saga of Rithuparna K.S, a 20 years old village girl from Mangalore. Instead of lamenting over the missed chances the young '*Cinderella*', waited patiently to get the best to hit. Along with her academic achievements, she acquired the quality of presenting herself in a proper way.

Quality speaks louder than Qualification

**For The Editorial Board
Mr. Harsha Kumar**

Fun Facts

May is a month filled with interesting facts, historical events, and cultural observances around the world! Here are some fun facts about May:

Origins & Symbolism:

Named After a Goddess: May is named after Maia, the Greek goddess of fertility and growth. The Romans also honored a similar goddess, Bona Dea, with a festival in May.

The Fifth Month: In the Julian and Gregorian calendars, May is the fifth month of the year and has 31 days.

Seasonal Contrast: It's the month of spring in the Northern Hemisphere, bringing blooming flowers and warmer weather. Conversely, in the Southern Hemisphere, May marks the beginning of autumn.

Birthstone: The birthstone for May is the Emerald, symbolizing love, success, growth, and new beginnings.

Birth Flower: The birth flower for May is the Lily of the Valley, which represents purity, humility, and the return of happiness. The Hawthorn is also sometimes associated with May.

Zodiac Signs: May babies are either a Taurus (April 20 - May 20), known for being grounded and reliable, or a Gemini (May 21 - June 20), characterized by curiosity, adaptability, and good communication skills.

Notable Dates & Celebrations:

May Day (May 1st): Celebrated globally as International Workers' Day, honoring labor movements and workers' contributions. It also has ancient roots as a spring festival.

Star Wars Day (May 4th): "May the Fourth be with you!" - a playful celebration for fans of the Star Wars franchise.

Cinco de Mayo (May 5th): A celebration commemorating the Mexican Army's victory over the French Empire at the Battle of Puebla in 1862.

Fun Facts

Mother's Day: Celebrated on the second Sunday of May in many countries, including India, to honor mothers and motherhood.

VE Day (May 8th): Victory in Europe Day, marking the formal acceptance by the Allies of Nazi Germany's unconditional surrender of its armed forces in 1945, ending World War II in Europe.

International Nurses Day (May 12th): Celebrated on the birthday of Florence Nightingale, recognizing the vital contributions of nurses worldwide.

Memorial Day (US - last Monday in May): A federal holiday in the United States for honoring and mourning military personnel who have died while performing their military duties.

Kentucky Derby: The famous horse race, often called "The Run for the Roses," usually takes place on the first Saturday of May.

Indianapolis 500: Another iconic motor race, held annually during May.

Historical Highlights:

Empire State Building Opened (May 1, 1931): The iconic New York City skyscraper officially opened its doors.

Golden Gate Bridge Opened (May 27, 1937): This engineering marvel in San Francisco opened to the public.

Blue Jeans Patented (May 20, 1873): Levi Strauss and Jacob Davis received a patent for their invention of blue jeans.

Amelia Earhart's Solo Transatlantic Flight (May 20, 1932): She became the first woman to fly solo across the Atlantic Ocean.

Compiled by

Mr. Naresh Kumar HM (Junior Wing)

RIGHT MISSION

I too have a dream,
But do not know how real it seems,
In our great diverse nation.
There shall be no discrimination.

We all were born as free,
Still each one of us is branched like banyan tree.
It hurts me a lot,
To see what values people have got.

I have a dream,
With a fear that it may remain a dream.
But the genders shall be looked as same,
No one is to be judged by their surname.

All the misconception shall be deleted,
No one should be targeted.
No matter if someone is dark or fair,
Equal justice should be served right there.

No attention to be paid to price of shirt,
Instead, pay it to virtues of heart.

If we all have right vision,
Then we are on a right mission

Yuvraj Sharma
X-Quartz

READ PATIENTLY

Patience means staying calm even when things are not going our way. In life, we all face difficult times- whether it's waiting for results, dealing with failures or solving personal problems. In those moments, it is patience that helps us stay strong and make the right decision.

When we are patient, we think clearly. We avoid making decisions in anger or fear. It teaches us self-control, respect and empathy for others. Look at nature, even a tree take time to grow and bear fruit. Just like that, success and happiness also take time. If we rush things, we may ruin what could have been something beautiful.

In today's fast world, people want quick results. But remember, good things take time and those who wait patiently are often rewarded the most.

So let us try to become more patient with others, and with ourselves too.

Manik
(IX Beryl)

Environment Footprint

An environment footprint refers to the impact of our action on the planet. It includes the energy we use, the waste we produce, the food we consume, and how we travel.

Every time, we drive a car, leave lights on, or throw away food and we leave a mark on the earth which are unfortunately damaging one.

Currently, the earth is under pressure. Resources are being used faster than they can regenerate. Climate change; pollution, deforestation and loss of biodiversity are all signal that our footprint is too large. If everyone lived like the average person in developed world, we would need multiple earths to sustain us.

But, now we can change it by making smarter choices like using public transport, reducing plastic use, eating less meat, we can shrink our footprint. It's not about being perfect but being aware.

In conclusion, let's remember; every small action counts our future and planet depends on choices we make today. Let's walk lightly and responsibly on this earth.

Navjot Kaur
XI Medical

I have a dream

When I was young, I wanted to fly,
My first dream, for which I never tried.
I grew up than, my dreams changed with every second,
Little did I know,
My childhood dreaming's are about to end.

Year by year, my dreams changed with every fear,
I dreamt of being someone I am not,
Locked up in world I don't belong,
I don't know what I am meant to be,
May be just forget the way I used to dream,

Then I realised it was of no use,
Of trying to fit into someone else's shoes,
So I stopped dreaming of what,
People will like,
I went to find a dream to make me shine bright.

Going through this journey I stumbled and fell,
There came a moment when my very skin felt blue,
Life tests all along, I had no clue,
When I met nightmares as dreams too,
But those phantoms does not make me stop,
Dreams are the key of my life's lock.

SO I found a dream,
Of being my father's strong warrior,
Of being my mother fearless daughter,
Dreams alive as the little girl in me had seem,
In the sleepless nights, in my lungs the dreams breathe.

And even before I knew,
I was flying,
Above the societal barriers,
Above my fears, yes above them all I flew.
"I scream it out to the world,
Even if it makes no sense.
Because today, I have dream of just being myself"

Manmeet Kaur
X-Beryl

Artificial Intelligence

In this ever changing world, evolution takes place all around us physically and mentally.

Nowadays, we all are familiar with a phrase called “Artificial Intelligence” which knowingly or unknowingly, we all are using in our daily lives. Let us understand the advantage of Artificial Intelligence first. Basically it is technology by which the way we think, analyse and speak can be mimicked and can be used to create different application (AI Models)

We might have seen automatic cleaning machine like “Roomba”, the air conditioners in our rooms, the washing machines etc. but have we wondered how do they work? These machines or robotics have been programmed by the use of Artificial Intelligence.

Application like Chatgpt, Deep Seek AI use different steps like collecting data, analysing data, understanding user’s request and finally generating results. These applications use a certain pattern which makes the user realise that they are being heard and understood even mentally. Artificial Intelligence allows these apps to study human emotions and help users. These are also used for study-related query as well as translation generating.

Many companies like Hanson robotics, Clear path robotics etc. have created robots like Sofia and Turtlebot. Sofia- a female robot was very famous in the past few years. It was one of the very first robots to be given citizenship of a country- ‘Dubai’, all because it could speak, talk, behave like a human and can generate multiple expressions. She has been designed with Artificial learning modules, which allow her to learn from her experiences.

Now let's come to the areas of our day to day life like scrolling through social media, accessing the information on online websites, applying for any study or work related courses etc. The graphical, audio and visual data is all being updated by the pre-programmed instructions. The filters we use on snapchat and Instagram use augmented reality which allows imaginary visuals to come on our screen and blend with our environment just like the filters on snapchat. In reality we do not have them but on screen they are visible to us.

Similarly, this technology uses virtual reality called V-R sets that need to be worn by us as goggles and we are able to experience different realms. It is mostly used in games to provide real time thrilling experience to gamers. It sets a boundary between the virtual life and real life.

Artificial Intelligence is used to design robots to use in various fields like drones- for videography, healthcare robots for taking care of elderly people. A surgical robot technique has been invented called-Da Vinci's Robot Surgical System that performs surgeries very precisely. In agriculture, many autonomous robots are used for picking harvested crop or spraying herbicide and pesticides. These all were just some of the uses of Artificial Intelligence.

At the end, I would like to conclude that surely artificial intelligence has provided us with so many benefits but it is our responsibility to use it wisely in good fields not in nuclear power plants. This technology was made for betterment of mankind and not for it's destruction! We should understand it and deal with it wisely.

Gurleen Kaur
X Quartz

Fabrication de Masterpiece

Started small, with dreams so wide,
A pill, a bat or a ten, speed to ride,
I demolish, getup, then tried again,
Each loss became a hidden gain.

Crack of dawn, skies still dark,
Running laps, around the park.
Dampness and fatigue, a heavy load,
But blissfully kept walking down the road.

Instructors cheered, sometimes scolded,
In their eyes, my hopes were molded,
Synergy taught me how to grow,
Earn or drop, respect would show.

Crowd would clap or sometimes sigh,
But I never dim so high,
Not just for fame or gold to wear,
But for love that imbue the air.

Hardwork shines on every field,
With every scar strength is sealed,
It's not just skill, but sweat and grind,
That builds the champion's winning mind.

Anurag Kalra
X Beryl

ਪੰਜਾਬੀ ਵਿਭਾਗ

ਮਾਂ ਦਿਵਸ 'ਤੇ ਖਾਸ

ਧਰਤੀ, ਅਸਮਾਨ, ਸੂਰਜ, ਚੰਨ ਤੇ ਤਾਰਿਆਂ
ਤੋਂ ਵੀ ਮਾਂ ਚੰਗੀ ਏ |
ਬੇਸ਼ੁਮਾਰ ਕੀਮਤੀ ਛੱਤ ਤੋਂ ਵੀ,
ਘਰ 'ਚ ਮਾਂ ਦੀ ਛਾਂ ਚੰਗੀ ਏ |
ਬਚਪਨ ਤੋਂ ਹੁਣ ਤੱਕ ਇਕੋਰੀਝ ਮਾਂ ਦੀ,
ਕਿ ਬੱਚੇ ਖੁਸ਼ ਰਹਿਣ, ਕਿੱਡਾ ਵੱਡਾ ਜੇਰਾ ਹੈ |
ਖਾਣਾ-ਪੀਣਾ ਆਪਣਾ ਭੁੱਲ ਕੇ,
ਕਰਦੀ ਸੇਵਾ ਸਭ ਦੀ, ਮਾਂ ਵਰਗਾ ਹੋਰ ਕਿਹੜਾ ਹੈ |
ਏਨਾ ਕਰ ਕੇ ਸਭ ਦਾ ਨਾਂ ਜਤਾਉਂਦੀ,
ਤੇ ਨਾਂ ਕਦੇ ਮੱਥੇ ਵੱਟ ਪਾਉਂਦੀ ਏ |
ਉਹ ਘਰ ਸਵਰਗ ਬਣ ਜਾਂਦਾ,
ਜਿਸ ਘਰ ਦੀ ਮਾਂ ਮਸਕਰਾਉਂਦੀਏ |
ਬੱਚੇਹੁੰਦੇ ਮਾਂ ਦਾ ਪਰਛਾਵਾਂ,
ਬੱਚਿਆਂਦੀ ਪਹਿਲੀ ਅਧਿਆਪਕ ਵੀ ਮਾਂ ਹੁੰਦੀ ਏ |
ਜਿੰਨੇ ਮਰਜ਼ੀ ਦੂਰ ਚਲੇ ਜਾਣ ਬੱਚੇ,
ਮਾਂ ਹਮੇਸ਼ਾ ਉਨ੍ਹਾਂ ਨਾਲ ਹਰ ਥਾਂ ਹੁੰਦੀ ਏ |
ਮੇਬਾਇਲ ਫੋਨ ਨੂੰ ਰੱਖ ਪਾਸੇ,

ਬੈਠਕੇ ਦੁੱਖ- ਸੁੱਖ ਮਾਂ ਨਾਲ ਕਰੀਏ ਜੀ |
ਦਿਲਮਾਂ ਦਾ ਜਿੱਤ ਲਈਏ ਜੇ,
ਜਿੰਦਗੀ 'ਚ ਆਪਾਂ ਕਦੇ ਨਾਂ ਹਰੀਏ ਜੀ |
ਅਜੋਕੇ ਦੌਰ 'ਚ ਸਮੇਂ ਦੀ ਬੱਸ,
ਇਕੋ ਹੀ ਅਰਜ਼ੋਈ ਏ |
ਲੱਖ ਹੋਣ ਰਿਸ਼ਤੇ-ਨਾਤੇ, ਚੇਤੇ ਰੱਖੀਓ,
ਏਥੇ ਮਾਂ ਵਰਗਾ ਨਾਂ ਕੋਈ ਏ |
ਕੁਦਰਤ ਚੰਗੀ ਏ,
ਪਰ ਮਾਂ ਬਹੁਤ ਚੰਗੀ ਏ |
'ਦੀਪ' ਨੇ ਅੱਜ ਰੱਬ ਤੋਂ,
ਹਰ ਮਾਂ ਦੀ ਤੰਦਰੁਸਤੀ ਮੰਗੀ ਏ |
ਜੱਗ - ਜੁੱਗ ਜਿਉਣ, ਹੱਸਦੀਆਂ ਵੱਸਦੀਆਂ ਰਹਿਣ ਮਾਵਾਂ,
ਇਹਨਾਂ ਦੇ ਹੁੰਦਿਆਂ ਨਹੀਂ ਪੈ ਸਕਦਾ ਜੱਗ 'ਤੇ ਬੁਰਾ ਪਰਛਾਵਾਂ |

ਕਰਨਦੀਪ ਸਿੰਘ
ਵਿਭਾਗ ਗਣਿਤ

ਪੁੱਤ ! ਮਾਂ !

ਰੱਬ ਦਾ ਰੂਪ ਹੈ ਮਾਂ

ਠੰਡੀ ਛਾਂ ਹੈ ਮਾਂ

ਘਰ ਜੋ ਪੂਰੇ ਨੂੰ ਸੰਭਾਲਦੀ ਹੈ ਸਾਂਭ

ਇਕ ਘਰ ਦੀ ਧੀ ਤੋਂ ਦੂਜੇ ਘਰ ਦੀ ਨੂੰਹ ਹੈ ਮਾਂ ।

ਮਾਂਦੀ ਸਾਂਝ ਪਿੱਛੇ ਰੱਖਰ ਦੇਵੇ ਹੀਰ-ਰਾਂਝੇ ਦੀ ਸਾਂਝ

ਰੋਟੀ ਖਾਧੀ ਕੇ ਨਹੀਂ ਪੁੱਛਦੀ ਸਿਰਫ ਮਾਂ

ਲੋਕਾਂ ਨੂੰ ਤਾ ਤੇਰੇ ਤੋ ਸਿਰਫ ਪੈਸੇ ਦੀ ਜਾਂਚ।

ਤੂੰ ਕਰੇ ਤਰੱਕੀ ਸਿਰਫ ਚਾਹੁੰਦੀ ਤੇਰੀ ਮਾਂ

ਹਨੇਰੇ ਤੋਂ ਦੂਰ ਰੱਖਦੀ ਆ ਤੈਨੂੰ ਤੇਰੀ ਮਾਂ

ਤੀਵੀਂ ਦੇ ਆਉਣ ਬਾਜ਼ੋ ਭੁੱਲੀ ਨਾ ਆਵਦੀ ਮਾਂ

ਜੀਨੇ ਤੈਨੂੰ ਜਨਮ ਦਿੱਤਾ ਉਹ ਕਿਵੇ ਭੁੱਲ ਤੇਰੀ ਮਾਂ।

ਤੂੰ ਇੱਕ ਰਾਜਾ ਹੈ ਤੇਰੇ ਸਿਰ ਦਾ ਤਾਜ ਹੈ ਮਾਂ

ਮਾਂ ਦੀ ਚੂਰੀ ਦਾ ਕਦੇ ਸਵਾਦ ਨਾ ਭੁੱਲੀ,

ਜੋ ਮਰਜੀ ਹੋ ਜੇ ਪੁੱਤ ਕਦੇ ਬਿਰਥ ਆਸ਼ਰਮ ਚਾ ਨਾ

ਰੋਲਦੀ ਆਵਦੀ ਮਾਂ।

ਜਸਲੀਨ ਕੌਰ

ਚੌਥੀ ਸ਼ਫਾਇਰ



हिंदी विभाग



जीवन की राह

जीवन परमात्मा का दिया अनमोल तोहफा है। इस जीवन के कारण ही हम परमात्मा द्वारा बनाई चीजों का आनन्द प्राप्त कर सकते हैं। जीवन जीने का नाम है। इसे जियो और संसार के सुखों का आनन्द प्राप्त करो। वैसे तो हर इंसान चाहता है कि उसका जीवन खुशियों से भरा हो लेकिन ऐसा हो नहीं सकता क्योंकि जैसे हर सिक्के के दो पहलू होते हैं वैसे ही जिन्दगी के भी दो पहलू हैं सुख और दुःख। इन दोनों के बिना ही हमारा जीवन अधूरा है क्योंकि दुःख हमें जीवन जीना सिखाता है इसलिए दुःख आने पर घबराना नहीं चाहिए बल्कि उनका सामना करना चाहिए। दुःख हमारे सुख के लम्हों को और भी आनन्ददायक बना देते हैं। कुछ लोग दुःख आने पर परमात्मा को दोष देने लगते हैं। जबकि हम अपने जीवन में जो दुःख सहते हैं अपने ही कारण सहते हैं। अगर हम काँटों का पौधा लगाएँगे तो उससे काँटे ही प्राप्त होंगे फल नहीं। इसलिए अपने जीवन में अच्छा कार्य करो। अच्छे लोगों का संग करो ताकि खुशियाँ प्राप्त कर सको और खुशियों को आगे बाँट सको। जिस तरह पारस से जुड़कर लोहा सोना बन जाता है उसी प्रकार तुम भी पारस बनो। अपने जीवन में ही नहीं दूसरों के जीवन में भी खुशियों की बौछार कर दो और सदैव आगे बढ़ते जाओ। जीवन चलने का नाम है इसलिए जीवन की राह पर चलते जाओ और खुशियाँ बटोरते जाओ। मेरा मानना है कि मुस्कराने की कीमत वही व्यक्ति जान सकता है जिसने कभी आँसू बहाए हो।

सुमन बजाज
हिंदी विभाग

माँ की मजबूरी

खाना खाता हुआ,
मासूम बेटा बोला माँ से,
सुनो, माँ....।

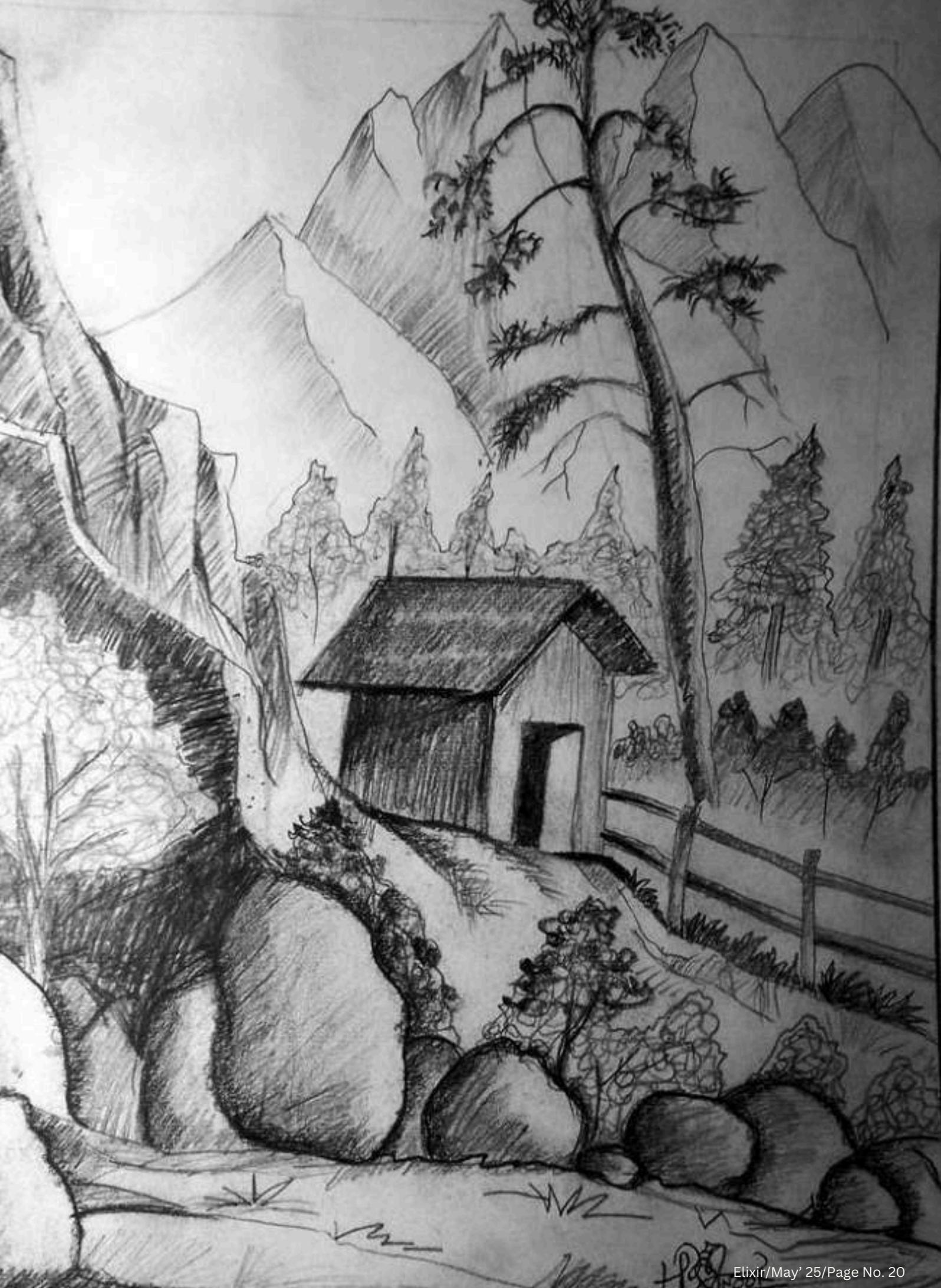
सबने खाना खा लिया,
तुम कब खाओगी खाना,
माँ ने पतीले के तल से,
लगी बची खुची,
सब्जी को देखकर कहा,
बस खाती हूँ अभी.....।

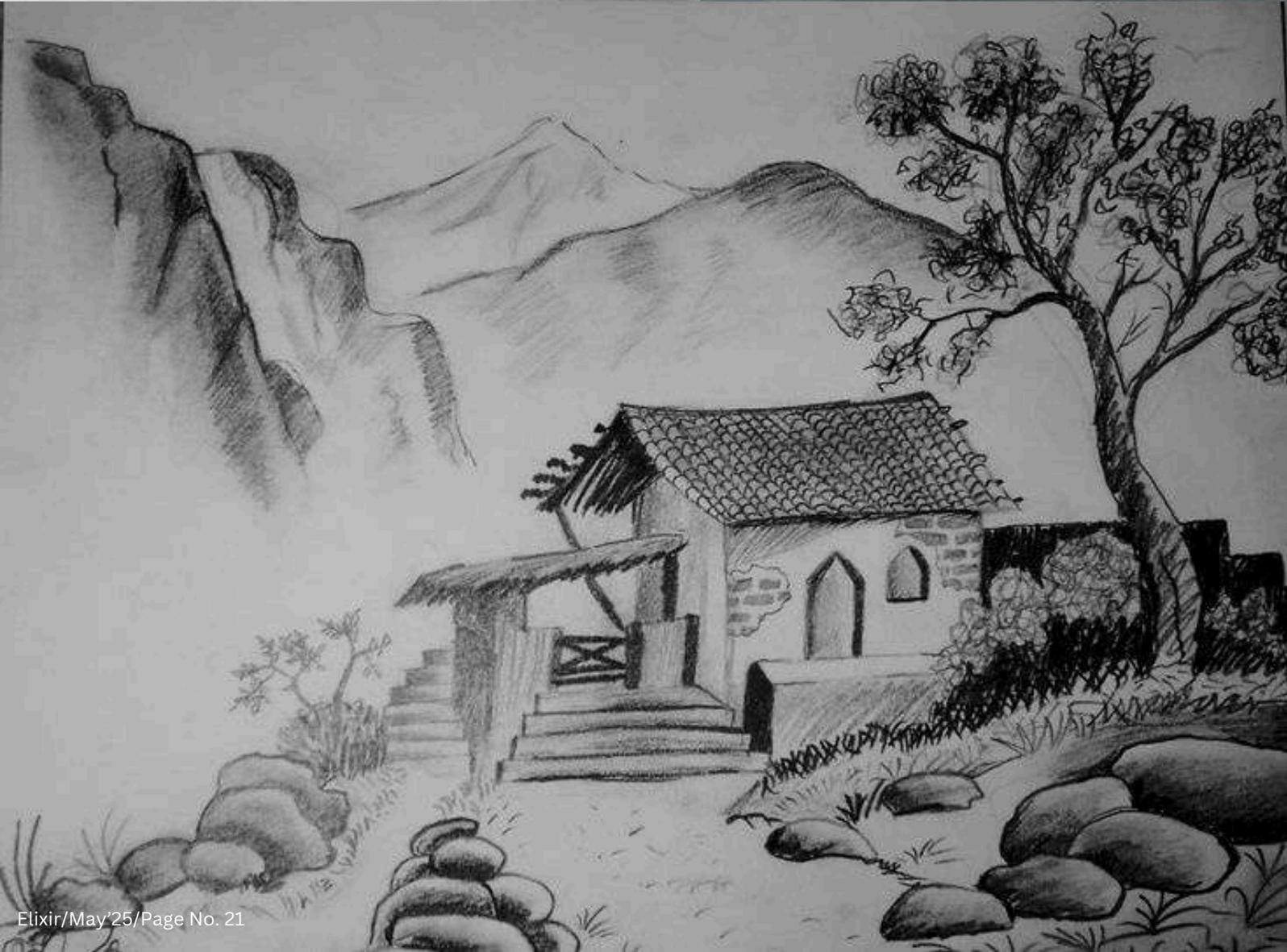
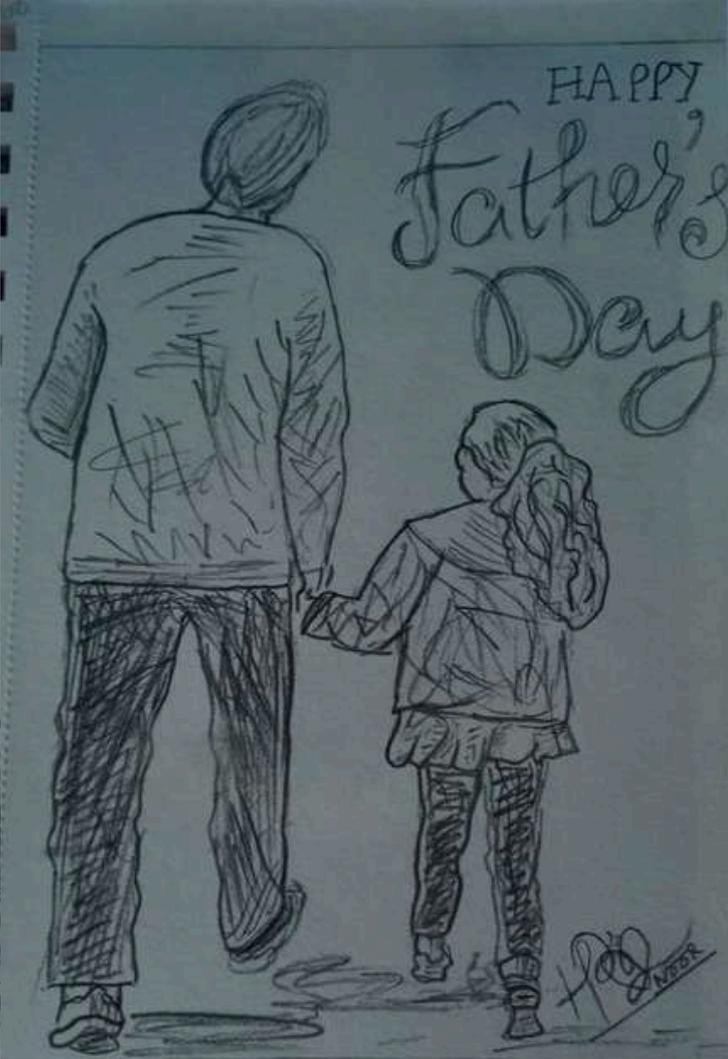
सुबह से शाम तक,
तारों की छाँव तक,
काम करते देख कर,
नन्ही सी बिटिया ने,
तोतली जुबान से कहा,
माँ... सारे तो सो गए,
तुम कब आराम करोगी,
कब बिस्तर पर पड़ोगी,
सुनकर माँ ने कहा,
बस थोड़ा सा रह गया है,
निपटा लूँ... करती हूँ आराम।

छुट्टी के दिन रविवार को,
बेटा -बेटी दोनों पूछते हैं माँ से,
तुम्हारी छुट्टी कब होती है....।
तुम अपनी मर्जी कब बयाँ करती हो...।
कभी अपने मन की करती हो...।
कभी थकती हो....।
कभी कुछ मना भी करती हो...।
कभी खुद के लिए भी,
समय निकाल पाती हो.....।
खुद के शौक कब पूरे करती हो...।

अपने जिगर के टुकड़ों के,
प्रश्न सुनकर,
जड़ से शून्य सी होती हुई,
निरुत्तर सी हो कर,
बस जरा सा ही,
मुस्करा कर रह जाती है,
और अपनी मजबूरियों को,
मंद मद्धिम सी मुस्कराहटों में
प्रश्नों के उत्तरों को छिपा लेती है.....।
● क्योंकि माँ तो आखिर,
माँ ही होती है....

आहाना
(XI-सुपर मेडिकल)









*Reading maketh a full
Man; conference a
Ready man; and
Writing an exact man.*

*Thank
you*

